

La Doña Cervecería 3v3 Fall Season Rules



- 1. No slide tackling, no board checking**
- 2. No players in crease (results in loss of possession)**
- 3. Penalty and goals restart on the crease**
- 4. Be Respectful (Zero Tolerance)**
- 5. Have Fun**

- Games will start no later than 5 minutes after the hour. Clock will run to 20 minutes. No stoppage time. A max of 10 minutes of half time will be allowed and then clock will run to 40 minutes which will end the game. No stoppage time.
- Subs are unlimited but clock will not stop for them. Captains should work subs into normal play restarts.
- Play starts with the ball at half field. Away team starts with possession and on east goal. At half-time, teams switch sides and home teams starts with possession.
- Teams can arrive early to warm up/stretch.
- Ties will be settled with 1v1, “Golden Goal”. Team with possession at the end of the game will start with ball on their own crease.

Penalties

- Players will call their own penalties.
- Ejection is possible for any player who breaks rules one or four.
- Zero tolerance includes racist, sexist, homophobic, transphobic etc. comments. It also includes purposeful physical violence. Any of these will result in ejection from the game and potential suspension from the league.

Crease

- The Crease is a half circle with a 3-foot radius from the center of the goal. No player may set down any part of their body in the crease. Intentional doing so is considered goaltending and results in a goal for the opposing team.