

La Doña FC 3v3 Rules



- 1. No slide tackling or board checking**
- 2. No players in the goal crease**
- 3. Penalties and goals restart on the crease**
- 4. Be Respectful (Zero Tolerance)**
- 5. Have Fun**

Structure

- Games will start no later than 5 minutes after the hour. Clock will run to 20 minutes per half. No stoppage time. A max of 10 minutes of half time.
- Play starts with Away team's possession at East goal. At half-time, teams switch sides and Home team starts with possession.
- Substitutions are unlimited and allowed anytime.
- Ties will be settled with 1v1, "Golden Goal". Team with possession at the end of the game will start with the ball on their own crease.

Goal Crease

- The crease is a half circle in front of the goal. No player may intentionally set down any part of their body in the crease.

Penalties

- Minor and Casual League players will call their own penalties.
- Entering the crease intentionally is considered goaltending and results in a goal for the opposing team.
- Kicking the ball out of the field of play, either intentionally or with unnecessary force, will result in a goal for the opposing team.
- Zero tolerance includes racist, sexist, homophobic, transphobic etc. comments and purposeful physical violence.
- Ejection and/or suspension is possible for any player who breaks rules one or four.